

FIRST FRUIT *Prayer & Fasting*

Focus

OPEN DOORS, OPEN MIND, OPEN HEARTS, OPEN HEAVEN

JANUARY 8-28

PRAYER TIMES:

5AM-6AM, 12AM- 1PM, 5PM-6PM, 10PM-11PM

DIAL 253 993 3029 TO JOIN PRAYER TIMES

INTRODUCTION

Biblical fasting is refraining from food for spiritual purposes. This takes a lot of discipline and strength. Let me illustrate it this way. If you decide to diet it will take a lot of discipline and it is the same way except that in fasting you spend these times of refraining from food to pray. We believe that as we pray and seek God and give Him our best, He will bless our ENTIRE year.

OUR CORPORATE FOCUS

OPEN DOORS, MINDS, HEARTS & OPEN HEAVENS

Colossians 4:2-3; Acts 26:17-18; 2 Corinthians 4:6; Isaiah 45:8

WHAT TO EAT

Fruits, Vegetables, Water

For Corporate Prayer Times over the Prayer Conference Line
Dial 253 993 3029 or Dial 712 770 4852 and enter
code 672478# to join DAILY PRAYER

PRAYER TIMES:

Daily prayer from 5am-6am; 12pm-1pm; 5pm-6pm;
10pm-11pm.

MEETING PLACE: Phone Conference line & Church

F I R S T F R U I T F A S T

1. **Mondays – Saturdays** on the Phone Conference line.
2. **Sundays** at the church from 10am-12pm. Rest of the day on the phone.

If you are charged, here are a few ways to join the prayer conference line:

Dial 515 7391032 and then dial 712 770 4852 and enter code 672478# OR

Dial 857 957 1145 and then dial 712 770 4852 and enter code 672478# OR

Download “InteliDial” app and dial 712 770 4852 and enter code 672478#

Medical Advice:

CONSULT YOUR DOCTOR IF YOU ARE ON MEDICATION. BUT I CHALLENGE YOU TO TRUST GOD AT THIS TIME AS WE FAST & PRAY FOR GOD TO HEAL YOU.